

Dear Bullpup families,

In 2016 Bunnell Elementary was recognized by Alliance for a Healthier Generation as one of the healthiest schools in America earning a Gold Level Status. BES was 1 of only 14 schools nationally that received this recognition. This is important because, according to the Department of Health, nearly one in three children in the United States are overweight or obese. This is the first generation where children are not expected to live as long as their parents. In addition, type-2 diabetes in children ages 10 - 19 has increased over 21% in the past few years. At BES we not only educate our Bullpup scholars on making healthy choices but are in full support of providing a healthy environment. To obtain this goal, we at BES:

1. Provide thirty minutes of physical activity for all scholars each day.
2. Follow specific requirements for all foods/snacks within the school, as provided by the *Alliance for a Healthier Generation*.
3. Promote the use of alternatives, other than food, as rewards.

We are asking for your support as we continue to grow in this endeavor. Listed below are some ways you can support our Bullpup scholars.

Instead of bringing in cupcakes for a class party you can provide:

- Fruits and vegetables
- School supplies
- Trinkets (i.e. rings, bracelets, party favors)
- Creative activities (give a gift to the class such as a book or a game)
- Or the snack must follow Smart Snacks Guidelines - use website below  
- <https://foodplanner.healthiergeneration.org/calculator/>

We appreciate your continued support as we strive to provide our Bullpup scholars with a healthy future. Should you have any questions regarding this healthy initiative please contact the school at (386) 437-7533.

Thank you,

Marcus Sanfilippo  
Principal, Bunnell Elementary